# Health Care Support



## Services and programs to help guide members at the time they need it.



#### Future Moms<sup>®</sup>

Moms-to-be can receive one-on-one attention with a personal nurse coach. The coach can check for risks, provide case management for high-risk participants, give information on healthy eating and exercise, provide prenatal education and information on labor options and answer questions during pregnancy and after the baby's birth. Members can enroll by calling 800-828-5891.



#### 24/7 NurseLine:

Members can connect to a registered nurse who will answer their health questions and direct them to the right place for care. They can help find a doctor or facility in their plan's network, enroll in care management programs or give care options when a primary doctor, dentist, or eye doctor isn't available. They can also answer any questions about precertification or preauthorization that may be needed to confirm if a proposed service or procedure is medically necessary. Members can contact the NurseLine by calling 800-337-4770, 24 hours, 7 days a week,



#### **Condition Care:**

ConditionCare connects members who don't qualify for other disease management programs to the people, resources, and tools they need to be their healthy best. They'll have access to the most up-todate information, registered nurses, and specialists, like pharmacists and dietitians. Their Anthem MO participating provider can refer them into the program or members can self refer by calling the ConditionCare hotline at 866-962-1069



#### Pharmacy mail-order service

Anthem's pharmacy mail order program helps members get safe and effective medications at the best cost to them. Members can go to anthem.com, log in and choose Pharmacy. On their personal pharmacy page, select View Your Prescriptions. For the drugs that the member wants to switch to home delivery, choose Switch to a 90-day Supply and then Select Prescriber. Members can also add or update their shipping address, shipping options and payment method on this page.

### SpecialOffers@Anthem<sup>SM</sup>

Anthem's discount program makes it easier for members to feel their best by giving them more choices and savings when it comes to health and wellness products and services such as weight loss programs, gym memberships, vitamins and much more. To find discounts, log in to anthem.com and select Discounts..

