Caring for you in all ways. Always. M Health Advocate is here to help you and your family with

Health Advocate is here to help you and your family with any health or well-being issues. You get access to experts who will do the work to ensure that you get the right information and assistance at the right time. We're here for you no matter what, to help with anything you need anytime you need it, in the language and communication channel you're most comfortable using.



Save time, money, and worry

- Understand your coverage for medical, dental and vision services; know your deductibles, and copays
- Get help resolving claims and billing issues, check that your out-of-pocket costs are correct

Feel confident that your medical care and treatment is on track

- Get answers to your questions so you can make the right choices for your care
- Connect with leading specialists for second opinions; get support for pre-authorizations and transferring records

Expert healthcare support when you need it most

- Understand health conditions, diagnoses, and treatments; explore the latest treatment options
- Get connected to the right in-network doctors and specialists; get help with appointments and transferring records

Get help anytime, anywhere online or through our mobile app

- Quickly connect with an advocate in real time through chat
- Learn all about your Health Advocate services and the many ways we can help you and your family



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